

PSHE Curriculum Map

Year group	Autumn 1 (7 weeks) Word Suicide Day – 10 <sup>th</sup> September Jeans for Genes – 7 <sup>th</sup> October Action Aid World Poverty Day – 17 <sup>th</sup> October	Autumn 2 (8 weeks) Armistice Day - 11 <sup>th</sup> November Children In Need – 18 <sup>th</sup> November Anti-Bullying Week 12 <sup>th</sup> – 16 <sup>th</sup> November Road Safety Week 19-25 <sup>th</sup> November	Spring 1 (6 weeks) Internet Safety Day – 7 <sup>th</sup> February	Spring 2 (7 weeks) 15 <sup>th</sup> March – Red Nose Day 2 <sup>nd</sup> April – Autism Awareness Day	Summer 1 (4 weeks) 14-20 <sup>th</sup> May – Mental Health Awareness Week	Summer 2 (7 weeks) 9 <sup>th</sup> June – Queen’s Birthday 10 <sup>th</sup> June – 17 <sup>th</sup> June – Healthy Eating Week
EYFS	<p><b>Me and my world</b></p> <p>I can join in with others play and make relationships. I can recognise and express my own feelings. I can follow the rules and do the right thing. I understand how my actions affect other people.</p>	<p><b>Celebrating difference</b></p> <p>I know what I am good at. I know how I am special. I know who is special to me. I can talk about my home. I can form special friendships.</p>	<p>Living in the wider world</p> <p>I know how to deal with challenge. I keep going when something is challenging. I can set a goal to achieve. I can think about how to overcome obstacles. I can talk about what I want. I have an idea about a job I would like to do.</p>	<p><b>Health and Wellbeing</b></p> <p>I know how my body works. I can see the effect exercise has on my body. I can make healthy choices. I know what can contribute to good health. I understand why it is important to keep clean.</p>	<p><b>Positive Relationships</b></p> <p>I can talk about the people in my family. I know how it feels to make a new friend. I can solve problems with my friends. I understand how being bullied might feel.</p>	<p>Preparing for change</p> <p>I understand that everyone is unique and special. I can talk about how I feel when change happens. I know some changes that have happened to me. I can talk about how I feel about changes.</p>
Year 1	<p><b>Me and my world</b></p> <p>I know that I feel special and safe in my class. I know that I belong to a class. I recognise how it feels to be proud of an achievement. I recognise the range of feelings when I face certain consequences. <u>I can recognise different feelings.</u></p> <p><b>Living in the Wider World &gt; Rules, Rights and Responsibilities</b> <u>Why we have classroom rules</u></p> <p><u>Taking care of something</u></p> <p><b>Health and Wellbeing &gt; Healthy Lifestyles</b> <u>Our feelings</u></p>	<p><b>Celebrating difference</b></p> <p>I can identify similarities and differences between people in my class. I understand how being bullied might feel. I know how it feels to make a new friend. I understand these differences make us all special and unique.</p> <p><b>Relationships &gt; Healthy Relationships</b> Unkind, tease or bully? Who can help? How are you listening?</p> <p><b>Relationships &gt; Valuing Difference</b> Same or different?</p>	<p>Living in the wider world</p> <p>I can identify my successes and achievements. I can tell you how I learn best. I can celebrate achievement with my partner. I can identify how I feel when I am faced with a new challenge. I know how I feel when I overcome obstacles.</p> <p><b>Relationships &gt; Healthy Relationships</b> Pass on the praise</p> <p><b>Living in the Wider World &gt; Money</b> <u>Harold's money</u></p>	<p><b>Health and Wellbeing</b></p> <p>I feel good about myself when I make healthy choices. I am special so I keep myself safe. I know some ways to help myself when I feel poorly. I recognise when I feel frightened and know who to ask for help.</p> <p><b>Health and Wellbeing &gt; Healthy Lifestyles</b> <u>Eat well</u></p> <p><u>Harold’s Wash and brush up</u></p> <p><u>Catch it, Bin it, Kill it!</u></p> <p><u>Life education session? Little man?</u></p>	<p><b>Positive Relationships</b></p> <p>I know how it feels to belong to a family and care about the people who are important to me. I can recognise which forms of physical contacts are acceptable and unacceptable to me. I know when I need help and how to ask for it. I know was to praise myself.</p> <p><b>I know how it feels to be asked to keep a secret I do not want to keep and know who to talk to about this.</b></p> <p><b>Health and Wellbeing &gt; Keeping Safe</b> <u>Who can help</u></p>	<p>Preparing for change</p> <p>I understand that changes happen as we grow and that this is OK. I understand that growing up us natural and everybody grows at different rates. I enjoy learning new things. I know some ways to cope with changes.</p> <p><b>Health and Wellbeing &gt; Growing and Changing</b> <u>Harold learns to ride his bike</u></p> <p><u>Then and now</u></p> <p><u>Keeping privates private....suitable?</u></p>

	<p><b>Health and Wellbeing &gt; Keeping Safe</b> <u>Harold's school rules</u></p> <p><b>Relationships &gt; Feelings and Emotions</b> <u>Thinking about feelings</u></p> <p><u>Harold has a bad day</u></p> <p><u>Feelings and bodies</u></p> <p><b>Relationships &gt; Valuing Difference</b></p> <p><u>It's not fair!</u></p> <p><b>Living in the Wider World &gt; Caring for the Environment</b> <u>Around and about the school</u></p>		<p><u>How should we look after our money?</u></p>		<p><b>Relationships &gt; Healthy Relationships</b> <u>Surprises and secrets</u></p> <p><b>Relationships &gt; Feelings and Emotions</b></p> <p>Who are our special people?</p> <p><b>Living in the Wider World &gt; Rules, Rights and Responsibilities</b></p> <p><u>Our special people balloons</u></p>	
Year 2	<p><b>Me and my world</b></p> <p>I recognise when I feel worried and know who to ask for help. I can help to make my class a safe and fair place. I understand the rights and responsibilities for being a member of my class. I can work cooperatively.</p> <p><b>Health and Wellbeing &gt; Keeping Safe</b> <u>How safe would you feel?</u></p> <p><u>What should Harold say?</u></p> <p><b>Relationships &gt; Healthy Relationships</b> <u>A helping hand</u></p> <p><b>Relationships &gt; Feelings and Emotions</b> <u>How are you feeling today?</u></p> <p><u>How do we make others feel?</u></p>	<p>Celebrating difference</p> <p>I am starting to understand that sometimes people make assumptions about boys and girls (stereotypes). I understand that bullying is sometimes about difference. I understand how being bullied might feel. I know some ways to make new friends. I can tell you some ways I am different from my friends.</p> <p><b>Health and Wellbeing &gt; Keeping Safe</b> <u>Bullying or teasing?</u></p> <p><u>Don't do that!</u></p> <p><b>Relationships &gt; Valuing Difference</b> <u>An act of kindness</u></p> <p><u>What makes us who we are?</u></p>	<p>Living in the wider world</p> <p>I can identify my successes and achievements and know how this makes me feel. I can persevere even when I find tasks difficult. I can recognise who it is easy for me to work with and who it is more difficult for me to work with. I can work with other people to solve problems. I can express how it felt to be working as part of this group.</p> <p><b>Living in the Wider World &gt; Money</b> <u>Harold saves for something special</u></p> <p><u>Harold goes camping</u></p>	<p>Health and Wellbeing</p> <p>I know what I need to keep my body healthy. I can show or tell you what relaxed means and I know some things that make me feel relaxed and some things that make me feel stressed. I understand how medicines work for my body and how important it is to use them safely. I have a healthy relationship with food and know which foods I enjoy the most. I can sort foods into the correct food groups and which foods my body needs every day.</p> <p><b>Health and Wellbeing &gt; Healthy Lifestyles</b> <u>My day</u> <u>Harold's bathroom</u></p>	<p>Positive Relationships</p> <p>I accept that everyone's family is different and understand that most people value their family. I know which types of physical contact I like and don't like and can talk about this. I can demonstrate how to use the positive problem-solving technique to resolve conflicts with my friends. I know how it feels to be asked to keep a secret I do not want to keep and know who to talk to about this. I understand how it feels to trust someone.</p> <p><b>Health and Wellbeing &gt; Keeping Safe</b> <u>How safe would you feel?</u></p>	<p>Preparing for change</p> <p>I can recognise cycles of life in nature. I can tell you about the natural process of growing from young to old and understand it is not in my control. I can recognise how my body has changed since I was a baby and where I am on the continuum from young to old. I am confident to say what I like and don't like and can ask for help. I can start to think about changes I will make when I am in Year 3 and know how to go about this.</p> <p><b>Health and Wellbeing &gt; Growing and Changing</b> <u>You can do it!</u> <u>Sam moves house</u></p>

	<p><b>Living in the Wider World &gt; Rules, Rights and Responsibilities</b>  <a href="#">Our ideal classroom (1)</a>  <a href="#">Our ideal classroom (2)</a>  <a href="#">When I feel like erupting</a>  <a href="#">When someone is feeling left out</a>  <a href="#">Getting on with others</a></p> <p><b>Living in the Wider World &gt; Caring for the Environment</b>  <a href="#">How can we look after our environment?</a></p>			<p><a href="#">Harold's postcard</a>  <a href="#">Harold's postcard</a></p>	<p><b>Relationships &gt; Healthy Relationships</b>  <a href="#">Should I tell?</a>  <a href="#">Solve the problem</a>  <a href="#">I don't like that!</a></p> <p><b>Relationships &gt; Feelings and Emotions</b>  <a href="#">My special people</a>  <a href="#">Fun or not?</a></p>	<p><a href="#">Haven't you grown!</a></p>
<p>Year 3</p>	<p>Me and my world</p> <p>I recognise my worth and can identify positive things about myself and my achievements.  I can set personal goals  I can face new challenges positively, make responsible choices and ask for help when I need it  I understand why rules are needed and how they relate to rights and responsibilities  I understand that my actions affect myself and others and I care about other people's feelings</p> <p><b>Relationships &gt; Healthy Relationships</b>  <a href="#">Tangram team challenge</a></p> <p><b>Relationships &gt; Feelings and Emotions</b>  <a href="#">Secret or surprise?</a>  <a href="#">Dan's dare</a></p>	<p>Celebrating difference</p> <p>I understand that everybody's family is different and important to them  I appreciate my family/the people who care for me  I understand that differences and conflicts sometimes happen among family members  I understand what bullying looks like and what I should do if I witness bullying.  I know some ways of helping to make someone who is bullied feel better  I can tell you about a time when my words affected someone's feelings and what the consequences were  I can give and receive compliments and know how this feels</p> <p><b>Health and Wellbeing &gt; Growing and Changing</b></p>	<p>Living in the wider world</p> <p>I can tell you about a person who has faced difficult challenges and achieved success  I respect and admire people who overcome obstacles and achieve their dreams and goals (e.g. through disability)  I can identify a dream/ambition that is important to me  I can imagine how I will feel when I achieve my dream/ambition  I can recognise obstacles which might hinder my achievement and can take steps to overcome them  I can manage the feelings of frustration that may arise when obstacles occur  I can evaluate my own learning process and identify how it can be better next time</p>	<p>Health and wellbeing</p> <p>I understand how exercise affects my body and know why my heart and lungs are such important organs  I can discuss my knowledge and attitude towards drugs  I can identify how I feel towards drugs  I can identify things, people and places that I need to keep safe from, and can tell you some strategies for keeping myself safe including who to go to for help  I can express how being anxious or scared feels  I understand that, like medicines, some household substances can be harmful if not used correctly  I can take responsibility for keeping myself</p>	<p>Positive Relationships</p> <p>I can describe how taking some responsibility in my family makes me feel  I know and can use some strategies for keeping myself safe  I know who to ask for help if I am worried or concerned  I can explain how some of the actions and work of people around the world help and influence my life  I can show an awareness of how this could affect my choices  I understand how my needs and rights are shared by children around the world and can identify how our lives may be different.  I can empathise with children whose lives are different to mine and appreciate what I may</p>	<p>Preparing for change</p>

	<p><b>Living in the Wider World &gt; Rules, Rights and Responsibilities</b> <u>As a rule</u></p> <p><b>Living in the Wider World &gt; Caring for the Environment</b> <u>Let's have a tidy up!</u></p> <p><u>My community</u></p> <p><u>Our helpful volunteers</u></p> <p><u>Harold's environment project</u></p>	<p><u>I am fantastic!</u></p> <p><b>Relationships &gt; Healthy Relationships</b> <u>Zeb</u></p> <p><b>Relationships &gt; Valuing Difference</b> <u>Family and friends</u></p> <p><u>Respect and challenge</u></p> <p><u>Let's celebrate our differences</u></p> <p><b>Living in the Wider World &gt; Rules, Rights and Responsibilities</b> <u>Our friends and neighbours</u></p> <p><u>For or against?</u></p> <p><u>Thunks</u></p>	<p>I am confident in sharing my success with others</p> <p><b>Living in the Wider World &gt; Money</b> <u>Can Harold afford it?</u></p> <p><u>Earning money</u></p>	<p>and others safe at home I understand how complex my body is and how important it is to take care of it I respect my body and appreciate what it does for me</p> <p><b>Health and Wellbeing &gt; Healthy Lifestyles</b> <u>Derek cooks dinner! (healthy eating)</u></p> <p><u>Poorly Harold</u></p> <p><b>Health and Wellbeing &gt; Keeping Safe</b> <u>The Risk Robot</u></p> <p><u>Safe or unsafe?</u></p> <p><u>Helping each other to stay safe</u></p> <p><u>None of your business!</u></p> <p><u>Raisin challenge (1)</u></p>	<p>learn from them</p> <p><b>Health and Wellbeing &gt; Growing and Changing</b> <u>My special pet</u></p> <p><b>Positive Relationships &gt; Healthy Positive Relationships</b> <u>Tangram team challenge</u></p> <p><u>Looking after our special people</u></p> <p><u>Danger or risk?</u></p> <p><u>Body space</u></p> <p><u>How can we solve this problem?</u></p> <p><u>Zeb</u></p> <p><u>Relationship Tree</u></p>	
<p>Year 4</p>	<p>Me and my world</p> <p>I know my attitudes and actions make a difference to the class team I know how good it feels to be included in a group and understand how it feels to be excluded I try to make people feel welcome and valued I understand who is in my school community, the roles they play and how I fit</p>	<p>Celebrating differences</p> <p>I understand that, sometimes, we make assumptions based on what people look like I try to accept people for who they are I understand what influences me to make assumptions based on how people look I know that sometimes bullying is hard to spot and I know what to do if I think it is going on but I'm not sure</p>	<p>Living in the wider world</p> <p>I can tell you about some of my hopes and dreams I know how it feels to have hopes and dreams I understand that sometimes hopes and dreams do not come true and that this can hurt I know how disappointment feels and can identify when I have felt that way</p>	<p>Health and wellbeing</p> <p>I can recognise how different friendship groups are formed, how I fit into them and the friends I value the most I recognise when other people's actions make me feel embarrassed, hurt or inadequate and I can help myself to manage these emotions I am aware of how different people and groups impact on me and</p>	<p>Positive relationships</p> <p>I know how it feels to belong to a range of different relationships and can identify what I contribute to each of them I can identify someone I love and can express why they are special to me I know how most people feel when they lose someone or something they love</p>	<p>Preparing for change</p> <p><b>Health and Wellbeing &gt; Growing and Changing</b> <u>Moving house</u></p> <p><u>My feelings are all over the place!</u></p> <p><u>All change!</u></p>

I understand that my actions affect myself and others; I care about other people's feelings and try to empathise with them  
I understand how rewards and consequences motivate people's behaviour  
I understand how democracy and having a voice benefits the school community

**Health and Wellbeing > Growing and Changing**  
[An email from Harold!](#)

**Relationships > Healthy Relationships**  
[Human machines](#)

**Relationships > Feelings and Emotions**  
[Different feelings](#)

**Living in the Wider World > Rules, Rights and Responsibilities**  
[How do we make a difference?](#)

I know how it might feel to be a witness to and a target of bullying  
I can identify what is special about me and value the ways in which I am unique  
I like and respect the unique features of my physical appearance  
I can tell you a time when my first impression of someone changed when I got to know them  
I can explain why it is good to accept people for who they are

**Health and Wellbeing > Keeping Safe**  
[Under pressure](#)

**Relationships > Valuing Difference**  
[Friend or acquaintance?](#)

[What would I do?](#)

**Living in the Wider World > Rules, Rights and Responsibilities**  
[The people we share our world with](#)

[Safety in numbers](#)

[That is such a stereotype!](#)

I know how to cope with disappointment and how to help others cope with theirs  
I know what it means to be resilient and to have a positive attitude

**Living in the Wider World > Caring for the Environment**  
[Volunteering is cool](#)

**Living in the Wider World > Money**  
[Harold's expenses](#)

[Why pay taxes?](#)

**Living in the Wider World > Rules, Rights and Responsibilities**  
[In the news!](#)

[It's your right](#)

can recognise the people I most want to be friends with  
I understand the facts about smoking and its effects on health, and also some of the reasons some people start to smoke  
I can relate to feelings of shame and guilt and know how to act assertively to resist pressure from myself and others  
I understand the facts about alcohol and its effects on health, particularly the liver, and also some of the reasons some people drink alcohol  
I can recognise when people are putting me under pressure and can explain ways to resist this when I want  
I can identify feelings of anxiety and fear associated with peer pressure

**Health and Wellbeing > Keeping Safe**  
[Danger, risk or hazard?](#)

[Who helps us stay healthy and safe?](#)

[Picture Wise](#)

[Crack the code](#)

[Keeping ourselves safe](#)

[When feelings change](#)

[Raisin challenge \(2\)](#)

I can tell you about someone I know that I no longer see  
I understand that we can remember people even if we no longer see them  
I can explain different points of view on an animal rights issue and express my own opinion and feelings on this  
I know how to show love and appreciation to the people and animals who are special to me

**Relationships > Healthy Relationships**  
[OK or not OK? \(part 2\)](#)

[OK or not OK? \(part 1\)](#)

[Islands](#)

[Together](#)

**Relationships > Feelings and Emotions**  
[Secret or surprise?](#)

				<p><b>Relationships &gt; Feelings and Emotions</b> <a href="#">How dare you!</a></p> <p><b>Living in the Wider World &gt; Caring for the Environment</b> <a href="#">Logo quiz</a></p> <p><a href="#">My school community (1)</a></p> <p><a href="#">Harold's Seven Rs</a></p>		
Year 5	<p>Me and my world</p> <p>I can face new challenges positively and know how to set personal goals I know what I value most about my school and can identify my hopes for this school year understand my rights and responsibilities as a British citizen I can empathise with people in this country whose lives are different to my own I can make choices about my own behaviour because I understand how rewards and consequences feel I understand that my actions affect me and others I understand how democracy and having a voice benefits the school community and know how to participate in this</p> <p><b>Health and Wellbeing &gt; Keeping Safe</b> <a href="#">'Thunking' about habits</a></p> <p><a href="#">Jay's dilemma</a></p> <p><a href="#">Communication</a></p>	<p>Celebrating differences</p> <p>I understand that cultural differences sometimes cause conflict I am aware of my own culture I understand what racism is I am aware of my attitude towards people from different races I understand how rumour-spreading and name-calling can be bullying behaviours I can tell you a range of strategies in managing my feelings in bullying situations and for problem-solving when I'm part of one I can explain the difference between direct and indirect types of bullying I can compare my life with people in the developing world I can appreciate the value of happiness regardless of material wealth I can enjoy the experience of a culture other than my own I respect my own and other people's cultures</p>	<p>Living in the wider world</p> <p>I understand that I will need money to help me achieve some of my dreams I can identify what I would like my life to be like when I am grown up I know about a range of jobs carried out by people I know and have explored how much people earn in different jobs I appreciate the contributions made by people in different jobs I can identify a job I would like to do when I grow up and understand what motivates me and what I need to do to achieve it I appreciate the opportunities that learning and education are giving me and understand how this will help me to build my future I understand that communicating with</p>	<p>Health and well being</p> <p>I know the health risks of smoking and can tell you how tobacco affects the lungs, liver and heart. I can make an informed decision about whether or not I choose to smoke and I know how to resist pressure I know some of the risks with misusing alcohol, including anti-social behaviour, and how it affects the liver and heart I can make an informed decision about whether or not I choose to drink alcohol and know how to resist pressure I know and can put into practice basic emergency aid procedures (including recovery position) and know how to get help in emergency situations I understand how the media and celebrity culture promotes certain body types</p>	<p>Positive relationships</p> <p>I have an accurate picture of who I am as a person in terms of my characteristics and personal qualities I know how to keep building my own self esteem I can recognise how friendships change, know how to make new friends and how to manage when I fall out with my friends I can recognise the feeling of jealousy, where it comes from and how to manage it I understand how to stay safe when using technology to communicate with my friends I can recognise and resist pressures to use technology in ways that may be risky or may cause harm to others</p> <p><b>Health and Wellbeing &gt; Growing and Changing</b></p>	<p>Preparing for change</p> <p><b>Health and Wellbeing &gt; Growing and Changing</b> <a href="#">Growing up and changing bodies</a></p> <p><a href="#">Changing bodies and feelings</a></p> <p><a href="#">Help! I'm a teenager - get me out of here!</a></p>

	<p><a href="#">Decision dilemmas</a></p> <p><a href="#">Would you...?</a></p> <p><b>Health and Wellbeing &gt; Growing and Changing</b> <a href="#">How are they feeling?</a></p> <p><a href="#">Growing up and changing bodies</a></p> <p><a href="#">Star qualities</a></p> <p><a href="#">Dear Hetty</a></p> <p><a href="#">Changing bodies and feelings</a></p> <p><a href="#">Help! I'm a teenager - get me out of here!</a></p> <p><b>Health and Wellbeing &gt; Growing and Changing</b> <a href="#">Star qualities</a></p> <p><b>Relationships &gt; Healthy Relationships</b> <a href="#">Taking notice of our feelings</a></p> <p><a href="#">Collaboration Challenge! 1<sup>st</sup> lesson?</a></p> <p><b>Living in the Wider World &gt; Caring for the Environment</b> <a href="#">My school community (2)</a></p>	<p><b>Health and Wellbeing &gt; Keeping Safe</b> <a href="#">Spot bullying</a></p> <p><b>Relationships &gt; Healthy Relationships</b> <a href="#">It could happen to anyone</a></p> <p><a href="#">Stop, start, stereotypes</a></p> <p><b>Living in the Wider World &gt; Rules, Rights and Responsibilities</b> <a href="#">The land of the Red People</a></p>	<p>someone in a different culture means we can learn from each other and I can identify a range of ways that we could support each other I appreciate the similarities and differences in aspirations between myself and young people in a different culture I can encourage my peers to support young people here and abroad to meet their aspirations, and suggest ways we might do this, e.g. through sponsorship I understand why I am motivated to make a positive contribution to supporting others</p> <p><b>Health and Wellbeing &gt; Keeping Safe</b> <a href="#">Independence and responsibility</a></p> <p><b>Health and Wellbeing &gt; Growing and Changing</b> <a href="#">Different skills</a></p> <p><b>Living in the Wider World &gt; Rules, Rights and Responsibilities</b> <a href="#">Local councils</a></p> <p><a href="#">What's the story?</a></p> <p><a href="#">Fact or opinion?</a></p> <p><b>Living in the Wider World &gt; Caring for the Environment</b> <a href="#">Rights, responsibilities and duties</a></p> <p><a href="#">Mo makes a difference</a></p> <p><b>Living in the Wider World &gt; Money</b></p>	<p>I can reflect on my own body image and know how important it is that this is positive and I accept and respect myself for who I am I can describe the different roles food can play in people's lives and can explain how people can develop eating problems (disorders) relating to body image pressures</p> <p><b>Relationships &gt; Feelings and Emotions</b> <a href="#">Ella's diary dilemma</a></p> <p><a href="#">Is it true?</a></p>	<p><a href="#">Dear Hetty</a></p> <p><b>Relationships &gt; Healthy Relationships</b> <a href="#">Give and take</a></p> <p><a href="#">Relationship cake recipe</a></p> <p><b>Relationships &gt; Feelings and Emotions</b> <a href="#">How good a friend are you?</a></p> <p><a href="#">Dear Ash</a></p> <p><b>Relationships &gt; Valuing Difference</b> <a href="#">Qualities of friendship</a></p> <p><a href="#">Kind conversations</a></p>	
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			<p><a href="#">Spending wisely</a></p> <p><a href="#">Lend us a fiver!</a></p>			
Year 6	<p>Me and my world</p> <p>I can identify my goals for this year, understand my fears and worries about the future and know how to express them know that there are universal rights for all children but for many children these rights are not met I understand my own wants and needs and can compare these with children in different communities I understand that my actions affect other people locally and globally I can make choices about my own behaviour because I understand how rewards and consequences feel and I understand how these relate to my rights and responsibilities I understand that my actions affect myself and others I understand how democracy and having a voice benefits the school community</p> <p><b>Relationships &gt; Healthy Relationships</b> <a href="#">Working together 1<sup>st</sup> lesson?</a></p> <p><b>Relationships &gt; Feelings and Emotions</b> <a href="#">Dan's day</a></p> <p><b>Living in the Wider World &gt; Rules, Rights and Responsibilities</b> <a href="#">Captain Coram 1 - Gin Lane: children's rights in the 18th century</a></p> <p><a href="#">Our recommendations</a></p>	<p>Celebrating differences</p> <p>I understand there are different perceptions about what normal means I can empathise with people who are living with disabilities I understand how having a disability could affect someone's life I can explain some of the ways in which one person or a group can have power over another I know how it can feel to be excluded or treated badly by being different in some way I know some of the reasons why people use bullying behaviours I can tell you a range of strategies in managing my feelings in bullying situations and for problem solving when I'm part of one</p> <p><b>Health and Wellbeing &gt; Healthy Lifestyles</b> <a href="#">We have more in common than not</a></p> <p><b>Health and Wellbeing &gt; Growing and Changing</b> <a href="#">Boys will be boys? - challenging gender stereotypes</a></p> <p><a href="#">Media manipulation</a></p> <p><b>Relationships &gt; Valuing Difference</b> <a href="#">Advertising friendships!</a></p> <p><a href="#">Respecting differences</a></p> <p><a href="#">OK to be different</a></p> <p><a href="#">Tolerance and respect for others</a></p>	<p>Living in the wider world</p> <p>I know my learning strengths and can set challenging but realistic goals for myself (e.g. one in-school goal and one out-of-school goal) I understand why it is important to stretch the boundaries of my current learning I can identify problems in the world that concern me and talk to other people about them I recognise the emotions I experience when I consider people in the world who are suffering or living in difficult situations I can work with other people to help make the world a better place I can empathise with people who are suffering or who are living in difficult situations I know what some people in my class like or admire about me and can accept their praise I can give praise and compliments to other people when I recognise their contributions and achievements</p> <p><b>Health and Wellbeing &gt; Growing and Changing</b> <a href="#">This will be your life!</a></p> <p><b>Living in the Wider World &gt; Money</b> <a href="#">What's it worth?</a></p> <p><a href="#">Jobs and taxes</a></p> <p><a href="#">Two sides to every story</a></p>	<p>Health and wellbeing</p> <p>I know the impact of food on the body, e.g. creating energy, giving comfort and altering mood I know about different types of drugs and their uses and their effects on the body particularly the liver and heart I am motivated to find ways to be happy and cope with life's situations without using drugs I can evaluate when alcohol is being used responsibly, anti-socially or being misused I know and can put into practice basic emergency aid procedures (e.g. the recovery position) and know how to get help in emergency situations I know how to keep myself safe to avoid emergencies and also how to deal with emergencies if they happen I understand what it means to be emotionally well and can explore people's attitudes towards mental health/illness I know how to help myself feel emotionally healthy and can recognise when I need help with this</p> <p><b>Health and Wellbeing &gt; Healthy Lifestyles</b> <a href="#">Five Ways to Wellbeing project</a></p> <p><a href="#">I look great!</a></p> <p><a href="#">We have more in common than not</a></p> <p><a href="#">What is HIV?</a></p>	<p>Positive relationships</p> <p>I know some of the feelings we can have when someone dies or leaves I can use some strategies to manage feelings associated with loss and can help other people to do so I understand that there are different stages of grief and that there are different types of loss that cause people to grieve I understand how technology can be used to try to gain power or control and I can use strategies to prevent this from happening I can take responsibility for my own safety and well-being I can use technology positively and safely to communicate with my friends and family</p> <p><b>Health and Wellbeing &gt; Healthy Lifestyles</b> <a href="#">I look great!</a></p> <p><b>Relationships &gt; Healthy Relationships</b> <a href="#">Solve the friendship problem</a></p> <p><a href="#">Let's negotiate</a></p> <p><a href="#">Behave yourself (2)</a></p> <p><a href="#">Don't force me</a></p> <p><a href="#">Acting appropriately</a></p>	<p>Preparing for change</p> <p><b>Health and Wellbeing &gt; Growing and Changing</b> <a href="#">Is this normal?</a></p> <p><a href="#">Helpful or unhelpful? Managing change</a></p>

**Living in the Wider World >  
Caring for the Environment**  
Project Pitch (parts 1 & 2)

Community art

Action stations!

Happy shoppers

Democracy in Britain 1 -  
Elections

Democracy in Britain 2 -  
How (most) laws are made

**Health and Wellbeing >  
Keeping Safe**

It's a puzzle

Rat Park

What sort of drug is...?

Think before you click!

Traffic lights

Joe's story (part 2)

What's the risk? (2)

To share or not to share?

**Health and Wellbeing >  
Healthy Lifestyles**

What is HIV?

Fakebook friends

**Relationships >  
Feelings and Emotions**  
Dear Ash