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Achieve Believe Create Dreams

Tuesday 18th October

Head Lice Prevention and Treatment

Dear Parents/Carers,

Children are particularly susceptible to lice infestations due to their constant close contact in play with others. Symptoms include constant scratching of the head and nape of the neck. The presence of seed like eggs, or nits, is the most common indication of an infestation, as they are much more numerous than mature lice.

The nits are inactive and each is individually cemented to the base of a head hair. Nits hatch in 5-10 days and are mature enough to reproduce within 3 weeks.

Here are some steps you and your child can take to prevent head lice infestation.

1, Do not share combs, hairbrushes or hats with other children.

2, Check at least once a week, this way if an infestation has started it can be dealt with before the lice mature.

Here are some treatment steps, if your child becomes a host to head lice, to clear up the infestation.

1, Implement proper use of a prescribed shampoo from your doctor or over the counter treatment. Your local pharmacy can provide you with this.

2, Two or more treatments will be required, one is not enough.

3, Anyone who has shared a bed, sheets or clothing should also be checked and treated accordingly.

4, Removing eggs with a nit comb before they hatch, is the easiest way to control and put an end to infestations.

We hope this helps. There is lots more useful information on this website www.lyclear.co.uk
Thank you for your continued support.