



Diary Dates

Slowly but surely we are able to add some events and key dates in the school calendar.

Some educational visit providers are now beginning to offer visits which adhere to current guidance and we are in the process of organising several visits. We will update you as soon as arrangements are finalised.

Wednesday 11 November

Year 5 Ready Steady Pedal Cycling Sessions

Armistice Day

Friday 13 November

Worth Valley Wellbeing Day

Week commencing 16 November

Anti-Bullying Week

Thursday 19 November

Year 5 & 6 online safety sessions—WY police



Wednesday 25 November

Year 4 Ready Steady Pedal Cycling Sessions

Tuesday 1 December

Year 2 & Year 6 visit to Nell Bank

Wednesday 2 December

Year 3 Ready Steady Pedal Cycling Sessions

Friday 11 December

Christmas Dinner Day

Christmas Jumper Day



Baby News

Congratulations to Mrs Page and family!

Baby Olivia Rose was born

on 12 October
and as you can
see, she is a little
beauty!



Cycling Sessions

We are excited to let you know that we have arranged for *Ready Steady Pedal* to hold one-day cycling sessions for pupils in Years 3, 4 and 5. The first session will be held next Wednesday 11 November for Year 5. Children should wear school uniform as normal but will need a warm change of clothing and trainers as well as a coat, hat and gloves... and an extra thick pair of socks! Dates for the Year 4 and Year 3 sessions are detailed above.



Healthy Snacks

Children in Early Years and Key Stage One are provided with a piece of fruit each day as part of the School Fruit and Vegetable Scheme.

Children in Key Stage 2 are welcome to bring a piece of fruit or a healthy cereal bar (not containing nuts or chocolate) to eat as a play-time snack.



Armistice Day

Next Wednesday 11 November is Armistice Day.

A two-minute silence will be held in each class to remember and commemorate the anniversary of the armistice which marked the end of World War One and all those lost in war and conflict.



Headteacher's Message



Dear parents and carers,

The mental health and wellbeing of our pupils and staff is a priority here at Worth Valley, now more than ever. With this in mind, rather than adopt the traditional approach of wearing spots and asking for donations for this year's Children in Need, we felt it was more appropriate to focus on our own pupils here at school. Therefore, next Friday 13 November will be 'Worth Valley Wellbeing Day'. Pupils and staff are invited to come to school dressed in whatever makes them feel good. Teachers have been speaking to their classes about activities they would like to participate in which will simply be enjoyable and fun – helping to maintain wellbeing and positive mental health.

Please do not go to any expense – the day will be about feeling good, having fun and looking after our own mental health and that of others.

A few polite reminders now that we are a full half term into the academic year:

- Pupils are expected to wear full school uniform, including sensible black school shoes. Black trainers are also permitted but these must also be *completely* black
- Reading, as always, is a main focus of the school curriculum and an essential life skill. All pupils should bring their reading book and reading record to school every day
- Pupils are required to have their PE kits in school on Mondays and Fridays, with the exception of Year 4 who have PE on Wednesdays and Fridays. PE will be held outdoors wherever possible and pupils may bring plain black or navy joggers or leggings to wear on cold days
- Please ensure your child has a water bottle in school. These are usually kept in school and are always sterilised over the weekend.

As I mentioned in the previous newsletter we have been able to facilitate children returning to the dining hall at lunchtimes. We are impressed with how quickly children have adapted to this arrangement – particularly our youngest pupils. For many of our children in Early Years, this week has been the first time they have visited the dining hall, queued for (and chosen) their lunch and carried a tray. Well done guys!

Speaking of our youngest children, parents of pupils in Early Years will have received a letter this week explaining our plans to produce an 'Early Years Christmas Extravaganza' as a replacement to the traditional Nativity.

All children in Preschool, Nursery and Reception are invited to take part and will be recorded as they sing or perform. We will then have this made in to DVDs for the whole family to enjoy over the festive period. For this to happen effectively, Mrs Oram has asked if parents could firstly consent to their child being filmed for this purpose and secondly to indicate whether you would be interested in buying a DVD (this is just so we have a rough idea of numbers; they will cost around £4.00).

Once we have received the information, Mrs Oram will write to you again with further details.

And finally, as we enter our second national lockdown this week could I please emphasise again the importance of social distancing whilst on the school grounds, particularly near the small Early Years gate.

Though we cannot enforce the wearing of masks, we would encourage our parents and carers to do so when dropping off and collecting children, particularly if you intend to speak to any members of staff.

Thank you, as always, for your ongoing support.

Attendance

Attendance figures for the last 3 weeks are as follows:

w/c 12 October 2020		w/c 19 October 2020		w/c 2 November 2020	
Reception	92.96%	Reception	87.23%	Reception	92.31%
Year 1	98.73%	Year 1	97.08%	Year 1	92.8%
Year 2	100% NON-UNIFORM DAY	Year 2	84.52%	Year 2	91.84%
Year 3	98.33%	Year 3	90.71%	Year 3	96%
Year 4	95.16%	Year 4	76.37%	Year 4	89.37%
Year 5	98.9%	Year 5	n/a	Year 5	93.77%
Year 6	95.72%	Year 6	n/a	Year 6	89.6%

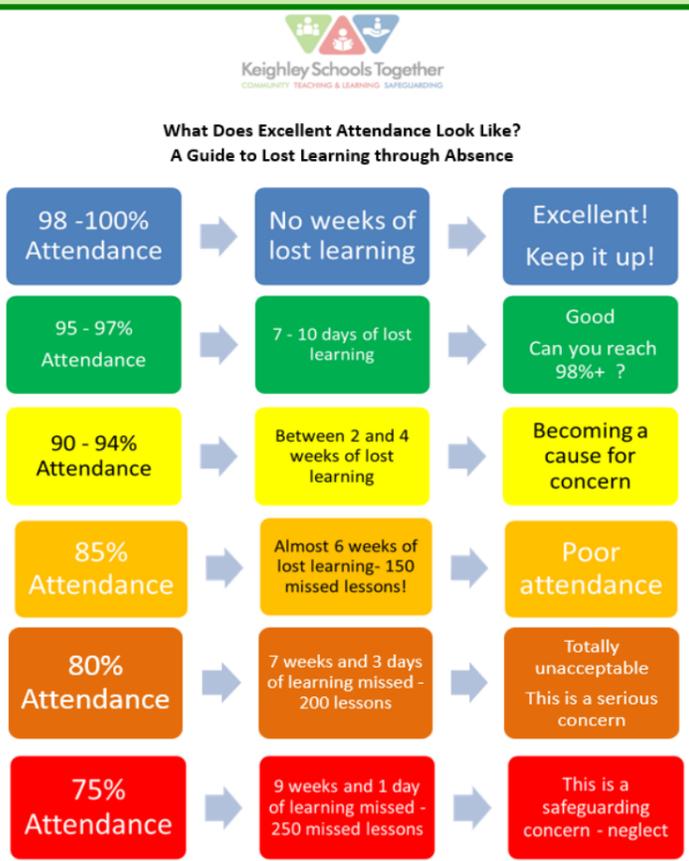
Congratulations to Year 2; earning the second non-uniform day of the academic year!

This academic year we will celebrate pupils earning 100% attendance each half term, rather than termly. Each pupil who has achieved 100% attendance is entered into a raffle to win a scooter. Last half term's winner was Poppie-Jae – and here's how excited she was!



Please note: Pupils requiring to self-isolate are included in attendance figures. For example, if your child had attended school every day but were then required to self-isolate, their attendance would still be 100%.

Could we please stress the importance of phoning school by 8.30am each morning to inform us of your child's absence. Now more than ever it is vital that we are able to safeguard our pupils and we can only do that when communication is effective and accurate between home and school.



We're still here to help keep your mind healthy

You might be feeling worried about coronavirus and how it is affecting your life. It is understandable to feel worried or anxious at this unsettling time. Your mental health and wellbeing is important, and we're still here to help people in Bradford and Craven keep their minds healthy.



Urgent help

If you need urgent help with your mental health:

Call **First Response** on 01274 221 181.

The line is open all day, everyday, for all ages.



Speak to someone

To speak to someone about your mental health:

Call **Guide-Line** on 01274 594 594.

The line is open 12pm to 12am everyday, for all ages.



Children and young people

To get emotional wellbeing support:

Visit **Kooth.com** to chat online with a counsellor or in a group forum, read articles or write your own journal.



Domestic abuse and violence

Call **Survive & Thrive** on 0808 2800 999.

Women and girls who experience sexual violence can call:

01274 308 270 or text 07435 752 975.

National support services:

Shout can help in a mental health crisis - text 85258.

HOPELINEUK can help under 35s feeling suicidal - call 0800 068 4141 or text 07860 039 967. If you're struggling to cope, call **Samaritans** on 116 123, **CALM** on 0800 585 858 or use webchat.

Childline is there for children - call 0800 1111.

The National Domestic Abuse Helpline - call 0808 2000 247.

HealthyMindsBDC @HealthyMindsBDC HealthyMinds.BDC

To open the doorway to local wellbeing services, visit www.healthyminds.services