

CONSENT



WHAT IS CONSENT?

- Consent is about asking for permission for something to happen

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- <https://www.youtube.com/watch?v=h3nhM9Uljc>

WHY TALK ABOUT CONSENT?

- Our bodies are our own.
- We need to give permission to others to touch us in any way.
- We decide what we want to do with our bodies
- No one else is entitled to tell you what to do with your body



WE ARE ALL DIFFERENT



WE DECIDE WHAT WE ARE COMFORTABLE WITH



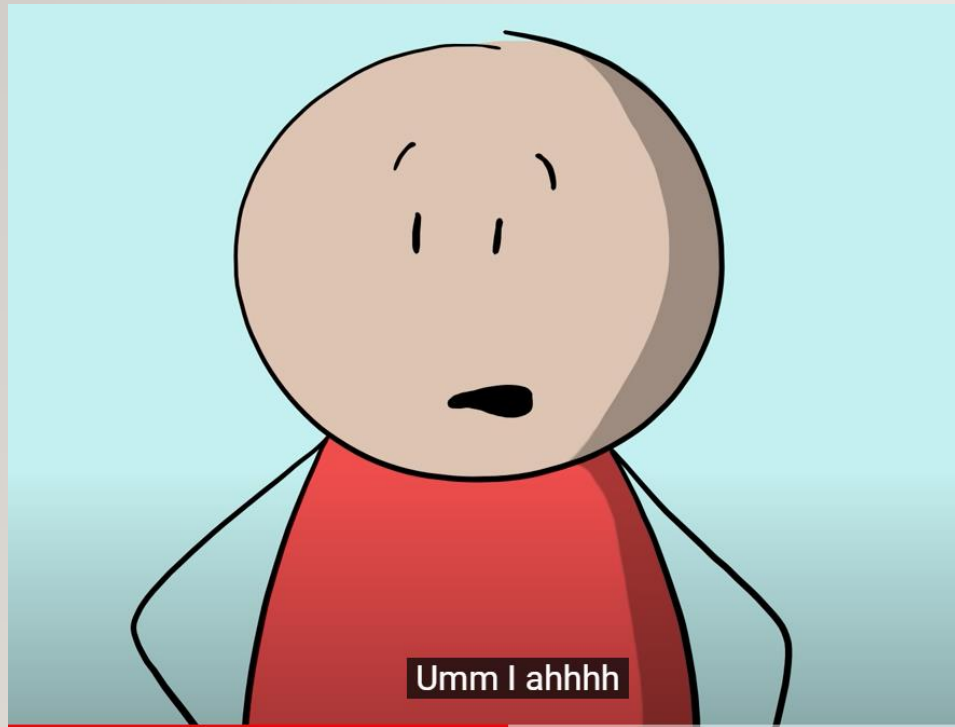
and each person gets to decide what they're comfortable with.

HOW DO PEOPLE KNOW WHEN WE GIVE CONSENT?

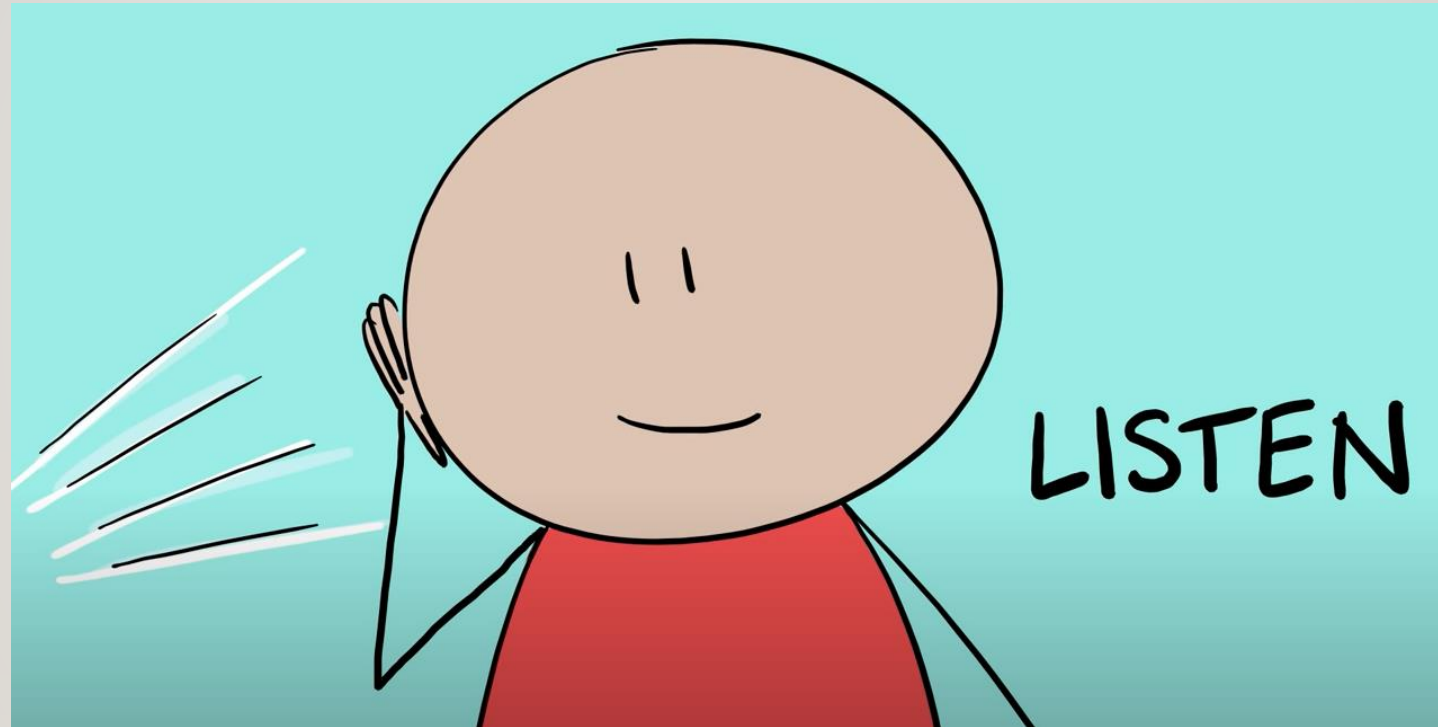
- ASK



IF THEY DON'T SAY YES – THEY HAVEN'T GIVEN CONSENT



ASK FOR CONSENT, THEN LISTEN FOR THE
ANSWER





IT'S OK TO SAY NO:
EVEN IF MUM SAYS KISS YOUR AUNTIE GOODBYE



YOU GET TO DECIDE



No thanks that makes me uncomfortable. I'll just wave goodbye.

WHAT IF SOMEONE TOUCHES ME IN A WAY THAT I DON'T LIKE





REMEMBER




MY BODY SAFETY RULES

<https://e2epublishing.info/blog/category/Body+Safety+%26+Consent>

CONSENT — words and how you say them matter!

 NO CONSENT	CONSENT 
No!	Yes!
I don't want to!	Absolutely!
Absolutely not!	I want to do this!
No way!	For Sure!
Nup!	I will allow you to...
I don't like that!	It's okay (but in strong voice)
I'm not sure	I'm sure!
Maybe...	
Let me think about it...	
You cannot.	
Not really.	
I don't think so.	
Maybe later...	
(says nothing)	

How you can ask for CONSENT

Can I please...?	
May I please...?	
Would you like to...?	
Do you want to...?	

My Body Safety Rules

My body is my body and it belongs to me!

I can say, 'No!' If I don't want to kiss or hug someone.
I can give them a high five, shake their hand or blow them a kiss.
I am the boss of my body and what I say goes!

I have a Safety Network

These are five adults I trust. I can tell these people anything and they will believe me.
If I feel worried, scared or unsure, I can tell someone on my Safety Network how I am feeling and why I feel this way.

Early Warning Signs

If I feel frightened or unsafe
I may sweat a lot, get a sick tummy,
become shaky and my heart might
beat really fast.
These feelings are called my Early Warning Signs. If I feel this way about anything, I must tell an adult on my Safety Network straightaway.

Secrets

I should never keep secrets that make me feel bad or uncomfortable. If someone asks me to keep a secret that makes me feel bad or unsafe, I must tell an adult on my Safety Network straightaway!

Private Parts

My private parts are the parts of my body under my bathing suit. I always call my private parts by their correct names.
No one can touch my private parts.
No one can ask me to touch their private parts. And no one should show me pictures of private parts. If any of these things happen, I must tell a trusted adult on my Safety Network straightaway.

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